

Beth Sholom Day Camp

June/July 2011



Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Available Every Day Tuna, Jelly, Soy Butter, Pasta, Hard Boiled Eggs, Tossed Salad, Fresh Fruit, Water, Apple Juice</p>	<p><u>Additional on Dairy Days Only</u> Assorted Yogurt String Cheese Milk</p>	<p>29 Chicken Nuggets Knishes Salad, BBQ Sauce Fresh Fruit Apple Juice</p>	<p>30 <u>Brunch For Lunch</u> Waffles, Cereal, Yogurt Cheeses, Bagels, Salad Fresh Fruit Mini Muffins Orange Juice, Milk</p>	<p>1 Pizza Salad Fresh Fruit Pudding Lemonade </p>
<p>4 Happy 4th of July No Camp </p>	<p>5 Grilled Cheese Salad Fresh Fruit Iced Tea </p>	<p>6 <u>BBQ</u> Hamburgers, Hot Dogs Cob Corn, Salad Pickles, Sauerkraut Fresh Fruit Soda </p>	<p>7 Baked Ziti Salad Fresh Fruit Pudding Lemonade </p>	<p>8 Pizza Bagels Salad Fresh Fruit Chocolate Cake Apple Juice</p>
<p>11 Chicken Nuggets Mashed Potatoes BBQ Sauce, Pickles Salad, Fresh Fruit Lemonade</p>	<p>12 Macaroni & Cheese Salad Fresh Fruit Pound Cake Iced Tea</p>	<p>13 Sloppy Joes Salad Fresh Fruit Pink Lemonade </p>	<p>14 <u>Brunch For Lunch</u> Pancakes, Cereal Yogurt, Cheeses Bagels, Salad Fresh Fruit, Mini Muffins Orange Juice, Chocolate Milk</p>	<p>15 Pizza Salad Fresh Fruit Pudding Apple Juice </p>
<p>18 Lasagna Salad Fresh Fruit Pink Lemonade </p>	<p>19 Pasta & Meat Sauce Italian Bread Salad Fresh Fruit Iced Tea</p>	<p>20 Chicken Nuggets French Fries Salad, BBQ Sauce Fresh Fruit Lemonade</p>	<p>21 Macaroni & Cheese Salad Fresh Fruit Chocolate Milk</p>	<p>22 Pizza Bagels Salad Fresh Fruit Snack Cake Apple Juice</p>
<p>25 <u>Deli Sandwiches</u> Turkey, Bologna, Salami Assorted Breads, Rolls French Fries Cole Slaw, Salad Fresh Fruit, Iced Tea</p>	<p>26 <u>BBQ</u> Hamburgers, Hot Dogs Chips, Salad Pickles, Sauerkraut Fresh Fruit Soda </p>	<p>27 Chicken Nuggets Mashed Potatoes Salad, BBQ Sauce Fresh Fruit Pink Lemonade</p>	<p>28 Sloppy Joes Salad Fresh Fruit Lemonade </p>	<p>29 Pizza Salad Fresh Fruit Pudding Apple Juice </p>

Beth Sholom Day Camp

AUGUST 2011

Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
<p>1</p> <p><u>Brunch For Lunch</u> French Toast, Cereal Yogurt, Cheeses Bagels, Salad Fresh Fruit, Mini Muffins Orange Juice, Milk</p>	<p>2</p> <p>Macaroni & Cheese Salad Fresh Fruit Pound Cake</p> <p>Iced Tea </p>	<p>3</p> <p>Grilled Cheese Salad Fresh Fruit Chocolate Milk</p> <p></p>	<p>4</p> <p>Baked Ziti Salad Fresh Fruit Big Cookie Lemonade</p>	<p>5</p> <p>Pizza Bagels Salad Fresh Fruit Pudding Apple Juice</p>
<p>8</p> <p>Lasagna Salad Fresh Fruit Pudding Pink Lemonade</p> <p></p>	<p>9</p> <p><u>Dairy Sandwiches</u> Tuna, Egg, Cheese Assorted Breads, Rolls Potato Tots, Salad, Pickles Fresh Fruit, Chocolate Cake Chocolate Milk</p>	<p>10</p> <p>Pasta & Meat Sauce Italian Bread Salad Fresh Fruit Iced Tea</p>	<p>11</p> <p>Chicken Nuggets Mashed Potatoes Salad, BBQ Sauce Fresh Fruit Lemonade</p>	<p>12</p> <p>Pizza Salad Fresh Fruit Pound Cake Apple Juice</p> <p></p>
<p>15</p> <p><u>Brunch For Lunch</u> Pancakes, Cereal Yogurt, Cheeses Bagels, Salad Fresh Fruit, Mini Muffins Orange Juice, Milk</p>	<p>16</p> <p>Chicken Nuggets Corn Niblets BBQ Sauce, Pickles Salad Fresh Fruit Lemonade</p>	<p>17</p> <p><u>Deli Sandwiches</u> Turkey, Bologna, Salami Assorted Breads, Rolls French Fries, Cole Slaw Salad Fresh Fruit Iced Tea</p>	<p>18</p> <p>Macaroni & Cheese Salad Fresh Fruit Pudding</p> <p>Pink Lemonade </p>	<p>19</p> <p>Pizza Bagels Salad Fresh Fruit Brownie Apple Juice</p>
<p>22</p> <p><u>Banquet</u> Chicken Nuggets, Mini Dogs Mini Veggie Egg Rolls French Fries, Salad Duck Sauce, BBQ Sauce Fresh Fruit, Soda</p>	<p>23</p> <p>Pizza Salad Fresh Fruit Mini Cookies Apple Juice</p> <p></p>			

HAVE A GREAT SCHOOL YEAR! See you in 2012!